



## Exploring Legal and Financial Issues

October 12, 2023

### ONLINE RESOURCES

These online resources were referenced in our webinar and/or supplement the information provided. All of the links are active. If you are viewing this on your computer, simply click on the link to go directly to the resource (some browsers require that you save this file to your desktop to access a link). **Please note: Legal information is specific to the state in which you live. Most of the information contained here is for the State of California.**

#### GENERAL INFORMATION

[Conservatorship and Guardianship](#) (Family Caregiver Alliance)

[Durable Power of Attorney for Health Care/Advance Directives](#)  
(California Advocates for Nursing Home Reform fact sheet)

[Estate Planning in the Time of the Coronavirus Pandemic](#) (AARP)

[Finding an Attorney to Help with Estate Planning](#) (Family Caregiver Alliance)

[Giving Someone Power of Attorney for Your Health Care](#)  
(American Bar Association-The Commission on Law and Aging)

[Legal and Financial Planning for People with Alzheimer's Disease](#)  
(National Institutes of Health/National Institute on Aging)

**Legal Assistance for Seniors** (No or low-cost)

Alameda County -- [Legal Assistance for Seniors/Health Insurance Counseling and Advocacy Program](#)

Contra Costa County -- [Senior Legal Services](#)

[Legal Services by California County](#)

[National Academy of Elder Law Attorneys](#)

[What Every Caregiver Needs to Know About Money](#) (Family Caregiver Alliance)

#### ADVANCE HEALTH CARE DIRECTIVES

(Advance Health Care Directives and POLSTs are state-specific. Be sure that the forms you are using are accepted in your state.)

[Advance Health Care Directives and POLST](#) (general information)  
Family Caregiver Alliance

[Advance Health Care Directives](#) (downloadable form for each state)  
National Hospice and Palliative Care Organization

[California: Advance Health Care Directive](#) (fillable form from CA Probate Code)

[Five Wishes: A Unique Advance Health Care Directive](#)  
Hope Hospice Webinar – June 5, 2020

[POLST](#) (Physician Orders for Life Sustaining Treatment) (forms for each state)

[Myths and Facts About Healthcare Advance Directives](#) (American Bar Association)

## PLANNING AND PAYING for LONG TERM CARE

(In California, Medi-Cal is a combined federal and state funded public assistance program for low-income individuals. In other states, these same programs are called Medicaid.)

[\*\*Horizon Elder Law and Estate Planning\*\*](#) (Julie Fiedler, R.N., Attorney at Law)

[Long Term Care Planning](#)

[Veteran's Benefits](#)

[\*\*Medi-Cal Estate Planning Fact Sheets\*\*](#)

California Advocates for Nursing Home Reform

[\*\*Overview of Medi-Cal for Long Term Care\*\*](#)

California Advocates for Nursing Home Reform

[\*\*Paying for Long Term Care\*\*](#)

National Institutes of Health/National Institute on Aging

[\*\*Planning for Long Term Care\*\*](#)

California Advocates for Nursing Home Reform

## ELDER ABUSE

[\*\*California Advocates for Nursing Home Reform \(CANHR\)\*\*](#)

Elder Abuse Fact Sheets

[\*\*How to Prevent Elder Financial Abuse\*\*](#)

California Advocates for Nursing Home Reform

[\*\*Recognizing and Reporting Elder Abuse\*\*](#)

California Advocates for Nursing Home Reform